

Edmonton Harriers

Membership at a Glance

Mission Statement. To foster the development of athletics and the athlete's potential through the administration and promotion of training and competition and provide a leadership role in the Greater Edmonton area.

Membership Eligibility. Membership is open to ages 10 years and older.

Fees. Registration fees include coaching, use of equipment, use of indoor and outdoor facilities (eg. Kinsmen Fieldhouse charges clubs approximately \$300 per athlete for use between November and March), and some meet entry fees.

Membership (Choose One):

- Full Year - \$750 September 1 to August 31 (12 months)
- Fall/Winter - \$600 September 1 to March 31 (7 months)
- Spring/Summer - \$350 April 1 to August 31 (5 months)
- Post-Secondary Students - \$350 (members-in-good-standing for 3 or more immediately preceding years).

Volunteering

- \$300 undated Volunteer Commitment cheque (see below).
- Casino Bond cheque (undated) **in the amount equal to the athlete's full membership fee.** This cheque will be cashed if members do not fulfill their casino obligation if it is a casino year for the club.

Uniform

- \$50 Harriers singlet to be worn at all track meets.

Athletics Alberta Membership

- This is a mandatory membership required for club insurance purposes and to compete at meets. Rates depend on age of athlete. You must register and pay on the Athletics Alberta website at www.athleticsalberta.com.

Volunteer Commitments

Track or Cross-Country Meets. Minimum of 6 shifts per year for each Full-Year athlete member (at least 2 during the Fall Cross Country season, and 2 during the Indoor Track season), at least one of which must be a full-day shift. Fall/Winter members to provide 4 shifts for each athlete member (2 during Cross Country and 2 during Indoor

Track Season). Spring/Summer members to provide 2 shifts during Outdoor Track Season. Volunteer Commitment cheque will be cashed if these obligations not met.

Casino. Approximately every 18 months to 2 years we are awarded a casino. As this is our most important fundraiser, families *must* provide 1 volunteer for each athlete registered with the club.

Coaches

Phil Booth, George Allen, Kyle Dong, Bailey Troccoli-Hughes, Arlo Ostapowich.

Training

Training is offered from Monday to Thursday (4:30-6:00PM) and most Saturday mornings (10:30AM to 12:00 noon - for distance-running athletes). This is dependent on the age group/training group. Please confirm with your coach.

Training Locations:

September - October: Outdoors at Hawrelak Park

November 1 to April 30: Indoors (outdoors weather-permitting in April) at Kinsmen Sports Centre. Distance runners will also train outdoors through the winter, weather permitting.

May to August: Foote Field and Hawrelak Park

Meets

The club administrator sends email reminders about upcoming meets. Information about meets can also be found on the Athletics Alberta website (www.athleticsalberta.com) and Ellis Timing (www.ellistiming.ca)

Age (as of December 31) categories for meets are as follows:

Pee Wee: 11 years of age and under

Bantam: 12-13 years of age

Midget: 14-15 years of age

Youth: 16-17 years of age

Junior: 18-19 years of age

Meet Entries

Upcoming meet registration dates are sent by email to members. Registration for some meets will be completed and paid for by the club, and for other meets that are not normally attended or sponsored by the club will be completed online and paid for by the athlete's family. New members should consult their coach with any questions about which events to enter. Athletes will be asked to reimburse the club if they do not compete in events which the club has registered them and paid for.